

MUSTARINDA HOUSE INSTRUCTIONS

Mustarinda | Paljakantie 61 | FI-89400 Hyrynsalmi | Finland

GETTING READY

For the rent of your residency stay at Mustarinda we will send you an invoice via email in advance – paying the rent is the only way to cement the dates you wish to have. Any grants for the residency should be applied for in the applicant's home country, as there are no suitable funding mechanisms available in Finland. European guests: by presenting your European Health Insurance Card, you will receive medical treatment on the same terms as the local residents. All guests should have a valid travel insurance.

Living in the Mustarinda house is self-organized – sometimes there are things going on and at other times the house can be very quiet. Mustarinda is situated in the middle of the forest, and the nearest village is 23 km away (supermarket, bank, ATM, restaurant, etc.), and we visit there by car once a week. Winter time is cold and dark, so you should bring warm clothing (gloves, hats and shoes). In spring sun glasses and in autumn rain gear are useful. There are also items that can be borrowed (see the list below, “*Materials lending*”). Summers are very light, and we have installed adjustable blinds on the windows, so you should be able to sleep. Weather forecast <http://en.ilmatieteenlaitos.fi/>

You should make sure to bring all the working materials needed with you since the materials supply in Hyrynsalmi is almost non-existent besides what you can find in a hardware store. Alternatively, you can order them online and get them delivered to Mustarinda via mail. We have all the basic tools that can be borrowed (hammers, drills, screwdrivers, saws etc.).

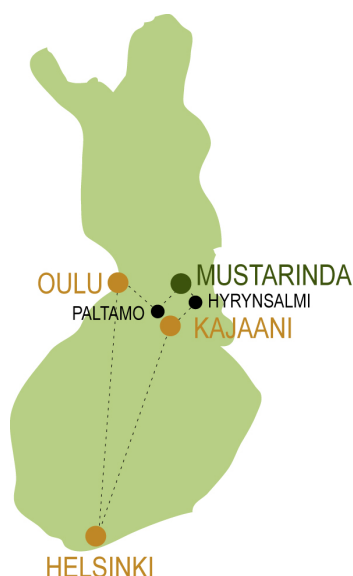
The residency program does not include an exhibition. Lectures and open studio events are not required, but we encourage studio visits between the residency artists. From visual artists we hope to receive 2–5 pictures of the artwork finished during the residency – the artist will hold all the rights but we may use the pictures in our communications, always with proper information about the artist and the photographer.

Mustarinda is a private non-profit organization and runs mostly on voluntary work. Residency guests are thus warmly invited to participate in the operations for example by helping in the snow work, tidying up the communal spaces, gardening, etc. This is greatly appreciated but by no means compulsory!

The staff is available to meet with residents in the mornings between 10:00–12:00. Mustarinda staff are volunteers there to help you but they're also artist/researchers working on their own projects, so please try to keep inquiries to that time. There is a Mustarinda calendar in the kitchen where all the shopping trips, happenings and visitors are marked down.

To make everything run smoothly, please go through these instructions carefully. We hope you will truly enjoy your stay at Mustarinda. Welcome!

HOW TO GET TO MUSTARINDA HOUSE



Possible routes

Helsinki–Kajaani (train, bus or plane) Kajaani–Hyrynsalmi (bus or airport transportation) Hyrynsalmi–Mustarinda (pick up by Mustarinda staff or taxi)

Helsinki–Oulu (train, bus or plane), Oulu–Kytömäki (bus) OR Oulu–Paltamo (train), Kytömäki/Paltamo–Mustarinda (pick up by Mustarinda staff or taxi)

Inform Mustarinda at least one week before your arrival date and time and if you will need to be picked up from somewhere. If you have any problems finding a good connection please ask Mustarinda staff.

Via Kajaani or Oulu

Kajaani is about 100 km (62 miles) from Mustarinda. There is no bus connection directly to Mustarinda, but there is a bus connection to Hyrynsalmi village which is about 23 km from Mustarinda (14 miles). If you are coming from Helsinki, the nearest train station where you can take a bus to Hyrynsalmi is in Kajaani.

The railway station and the main bus station are in the center of Kajaani about 500 m from each other. The bus also stops directly at the Kajaani railway station to pick up transfer passengers. Kajaani airport is about 10 km from Kajaani center.

If you are coming from Oulu the nearest train station is Paltamo (about 80 km from Mustarinda). There you can be picked up by Mustarinda staff.

Kajaani airport transportations

There is a minibus-taxi connection from Kajaani airport to Hyrynsalmi center after most of the arriving flights (see the list below). You will find the buses/taxis at the front door of the airport. If you are unsure of finding it, please ask when you will arrive at the airport and they can point it out. From Hyrynsalmi center Mustarinda staff can pick you up or you can continue with the same taxi (with normal taxi prices).

The airport transport connections to Hyrynsalmi / Mustarinda need to be reserved at least one day in advance by calling the taxi company. If you have some problems with calling, you can e-mail Mustarinda staff your arriving times and we can make the call for you.

Airport transport connections: tel. +358 (0)400-381 468, +358 (0)400-381 330

AIRPORT TRANSPORTATIONS

We recommend that you arrive to Kajaani airport with a flight that has airport transportation to Hyrynsalmi center from where Mustarinda staff will pick you up (see *Transportation rates by Mustarinda staff* below).

Flights that arrive at Kajaani and have airport transportation

Mon–Wed 7:05 or 18:00

Thu–Fri 7:05 or 20:25

Sat 17:45

Sun 20:25

Fares:

Kajaani Airport – Hyrynsalmi village

19 € (No student discounts)

Hyrynsalmi village – Mustarinda

30 € (If more people travel you can share)

Bus

From Kajaani there is a bus connection to Hyrynsalmi. It lasts for about 1 hour, costs around 14 € each way, 7€ for students. Take the money in cash because the cards don't always work in the buses. At Hyrynsalmi a pick-up can be arranged by Mustarinda staff. The last bus connection of the day must be reserved in advance. If you have problems with calling, you can e-mail Mustarinda staff your arriving times and we can make the call for you.

If you are coming to Mustarinda from Oulu, there is one direct bus connection per day stopping at Kytömäki, 10 km from Mustarinda (the final destination of the bus is Suomussalmi). Mustarinda can be reached from Hyrynsalmi or Kytömäki via an arranged pick-up by Mustarinda staff. You can also take a bus or train from Oulu to Paltamo where a pick-up can be arranged by Mustarinda staff.

You can find all the bus timetables at www.matkabuolto.fi/en/

Train

Helsinki–Kajaani about 6.5 hrs, costs around 71 € each way, (tickets are cheaper if you book them early). More information and bookings: www.vr.fi/en/index.html

If you are coming from Oulu, the station closest to Mustarinda is Paltamo (see information and rates below).

TRANSPORTATION RATES BY MUSTARINDA STAFF

(1–6 passengers. The payments can be shared amongst all the passengers.)

Pick-up or drop-off at **Hyrynsalmi** (approx. 23 km) one way:

20 € weekdays between 8.00 to 16.00, other times **25 €**

Pick-up or drop-off at **Kytömäki** (approx. 15 km) one way: **15 €**

Pick-up or drop-off at **Kajaani** (approx. 95 km) one way:

90 € weekdays between 8.00 to 16.00, other times **130 €**

Pick-up or drop-off at **Paltamo** (approx. 60 km) one way:

75 € weekdays between 8.00 to 16.00, other times **100 €**

If you're arriving during opening hours, we'll try to arrange you a possibility to buy groceries at the local supermarket when picking you up.

Driving

Driving directions can be found on Mustarinda website www.mustarinda.fi/en/contact

Ridesharing

You may also be lucky to find a ride to destinations Kajaani or Kuusamo on Finnish ridesharing forums www.kyydit.net/en/ or kimppe.net/English/Default_eng.aspx. Traveling at your own risk only.

Errands / visits to Hyrynsalmi

Personal shopping trips can be coordinated to coincide with Mustarinda staff shopping trips (on average one to two times per week). In this case there will be no charge for the drive. If staff is not present or you need something at a specific time, you may inquire whether a Mustarinda staff member is available to drive you (see transportation rates).

MUSTARINDA HOUSE AMENITIES

Sauna & showers

There are two bathrooms with showers and one electric sauna that are communally available for all guests. We ask that guests please squeegee the floor after showering.

ELECTRIC SAUNA

The electric sauna is **free of charge for guests**. A sauna-turn roster can be made if there are many guests. It's recommended for all the people to use the sauna the night it's heated (and not to heat it every day, to save energy).

Instructions for heating the electric sauna: At least 2 hours before going to the sauna, check that the warming switch is on. The warming switch is located on the control console next to the sauna stove. The upper switch is the warming switch (levels 1,2 and 3) = select level 2 if it is not already on. Between 20 to 25 min. before going to the sauna, the heating switch (works as a timer) should be turned to however long one wishes to sauna. At this time the lid of the stove should be opened as well. After you have finished using the sauna, the stove lid should be closed and the heating switch timer should be turned back to zero. The warming switch can stay on.

WOOD-HEATED SAUNA

Sauna use (self-heated) = **6 € per use**
Sauna use ready-heated by staff = **50 € per use**

The payments can be shared amongst all the bathers. Wood can be found in the sauna. There is no running water in the rustic wood-heated sauna. All needed water must be brought from the showering facilities adjacent to the electric sauna. These facilities may be used for showers in conjunction with the wood-heated sauna if desired.

Laundry

Use of the washing machine (includes dryer use and washing powder) = **2 € per load**

The washing machine is located in the 2nd floor bathroom and Mustarinda provides the washing powder because we want it to be ecological.

Laundry machine usage: Fill the machine (up to 7 kg), add the detergent (located on the shelf) and open the washing machine water tap. Select the wash program and temperature (directions on the machine). Close the water tap after use. A drying rack and iron can be found in the laundry room.

Bed linens and towels

Are provided by Mustarinda for residency guests, other guests 5 €. Feel free to change your sheets during your stay, and please wash them after use.

Kitchen

Residency guests have use of the shared kitchen facilities located on the 1st floor. Appliances: Oven, stove, electric kettle, coffee maker, refrigerator, dishwasher, etc. All dishes and cutlery are available for resident use. Please notify the staff if supplies of common goods are running low (for example toilet paper or detergent). The paper towels are biowaste. Guests are responsible for emptying the garbage bins in the kitchen and in their own rooms. Please be sure to always clean up after using the kitchen!

Dishwasher usage: Fill the dishwasher and make sure that the spray arms can rotate without obstruction. Add detergent (½ of a piece of detergent is sufficient). Open the water tap and turn the power on to start the machine. Close the water tap after use.

Internet

Free Wi-Fi is available in the entire house. Due to the remote location of the house, the internet speed varies. Password: taiter12345

Library

Books, DVDs and games can be freely borrowed from the shelves. Return them to their place after use.

Cleaning

The staff takes care of general cleaning at Mustarinda. This does not apply to the downstairs kitchen! Please always clean up after yourself(!) and collect all the items you have brought outside your room. If you would like to clean your room during the residency period, cleaning items can be found in the cleaning closet located next to the dining room.

Waste and recycling

At Mustarinda we try our best to recycle all waste. In the kitchen you will find a bin for **compost**, **cardboard** (milk and juice containers, empty toilet paper rolls...), **paper**, hazardous waste, mixed waste, and a container for **glass** and **metal**. There is also a container for empty bottles that can be returned to the store (beer cans, wine bottles etc). Paper hand towels and egg containers are bio waste. These containers may be emptied into the proper receptacles located in the shed in the front yard of the house. Please be sure to empty into the correct bins. If you are planning to use material that is known to be hazardous (like developing films or using component glues etc.) please talk to the staff. More detailed information about sorting can be found in the kitchen.

In the bathrooms, toilet paper cardboard rolls and paper towels have their own waste containers. The paper towels are biowaste. Guests are responsible for emptying the garbage bins in the kitchen and in their own rooms. Please do not litter in nature!

Energy saving

We try to save energy in Mustarinda. The heating system is on usually from August to June. During those months please always close the doors and windows in all the rooms you use! In winter it is very important to close the doors, door curtains and windows carefully to prevent the freezing of the water pipes. If you want to air the room, close the radiator and do not leave the window open for long. You can adjust the temperature in your room by turning the thermostat. In the winter if the thermostat is on 3 (hot) and you still feel cold you can ask for an extra radiator. Also the floor might be chilly in the winter so it might be a good idea to take woolen socks or indoor shoes for your comfort. For saving energy we hope you use hot water moderately. During the frosty weather we hope that people might consider of limiting the hot water and sauna usage.

Surrounding area

Guests can move freely in the surrounding forests, except the Paljakka Nature Preserve. The boundary is marked in the forest by trees painted with a white line. It is illegal to enter the preserve! Maps and compasses can be borrowed from the Mustarinda office and library. A nature trail begins close to the vicinity of the house (by the kota shelter on the edge of the forest). If you wish to go further into the forest please carry a map, compass and a fully charged mobile phone. Before leaving, it is good idea to tell someone where you plan to go and when you will be back.

During the summer, be aware of bears. It is good to let your presence be known, for example by whistling, to avoid surprise encounters. If you do encounter a bear in the forest, do not panic. Back away slowly without turning your back. If the bear is aggressive, lie down on your stomach and protect your ears with your hands.

If you wish to make an art work in the forest please ask a permission for the work from Mustarinda staff. Don't leave anything in the forest when your residency ends and don't kill living plants or trees.

Additional Information about the region from Mustarinda house and:

www.mustarinda.fi/en, www.outdoors.fi, www.ukkohalla.fi, www.paljakka.fi, www.hyrynsalmi.fi, www.kainuunulkoilukartta.fi

Kota shelter

There is a nearby kota shelter that is freely available for public use. A nearby shed contains wood that can be burned to heat the kota shelter. Please always clean up after yourself! Both the nature trail and the cross-country ski trail leave from the kota shelter.

Cross-country skiing

A maintained cross-country ski trail begins at Mustarinda and can be followed to the direction of Paljakka via Ukkohalla and Lietekylä. The trail is usually open January–April, depending on the amount of snow. A trail map can be seen by the kota shelter.

TV and other equipment

The TV and DVD player are located on the 1st floor. All the guests are free to use them. There is not a separate digital cable box. Remote controls can be found next to the television. A stereo sound system, located in the 1st floor living room, is also available for guests to use.

Mosquitos and other insects

During the summer there is usually some mosquitos. Around midsummer there can be a lot of them, so it's good to be prepared. You can buy some repellent (OFF spray) and spray that on your clothes. If you get many stings you can take a mild allergy medicine to calm down the skin. Mosquitoes usually like water and wet land. They dislike windy and hot places, and a camp fire keeps them away. If your room gets hot during the summer ask for mosquito net for your window. There are also mosquito hats that can be borrowed for walks in the forest.

There is hardly any ticks in Mustarinda but it's good to check your body occasionally if you have been walking in long grass. If you find one take it off your skin and check the spot a couple of times a day. If a circle appears around the bite, contact the staff.

Moose flies are common in the forest around Mustarinda in the autumn. They cause no harm but they can fly to you hair and clothes and stick there. You can avoid them by using a hat in the forest.

Only poisonous snake in Finland is viper snake it's black or grey and has a zigzag pattern on the back. Vipers are not very common and yet we have seen none in Mustarinda. If you get bitten contact the staff to get medicine.

Materials lending

Mustarinda has equipment that is available for lending upon agreement. Agreements may be made with staff.

After use, return all the items you've borrowed to where they belong (clean and dry)!

EQUIPMENT AVAILABLE FOR LOAN

- Warm clothing, rain gear, boots
- Bicycles (3), snowshoes (2), cross-country and downhill skiing equipment
- Printer, scanner, external monitor, (video projector)
- Camera tripod
- Maps, compasses and flashlights
- Child bathtub, child car seat, a potty, highchair, and a cot
- Basic tools, lamps
- Mobile phone (without sim card)

PRINTING CHARGES (size A4)

- Black and white print = 0.20 € / sheet
 - Color print (depending on the quality of the paper) = 0.50 €–1.50 € / sheet
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Mobile phone connections

The best mobile phone subscriptions available in the region belong to Sonera. Other connections may have trouble finding the net. In the courtyard and in some parts of the house coverage may be better. You can buy prepaid phone cards in *R-Kioski* and at the airport.

Postal service

Our address:

Mustarinda

Paljakantie 61

FI-89400 Hyrynsalmi

Finland

Outgoing mail can be given to staff for delivery to the post office. Mail bound for Helsinki arrives in 2–3 days. The closest post office is located in Hyrynsalmi village.

BEFORE LEAVING MUSTARINDA

Tell to your travel plan to Mustarinda staff as early as possible, so that they can organize possible transportations.

At the end of your stay in Mustarinda please clean up your room carefully. Empty the trash, vacuum clean the room, swipe the floor (if necessary), take off the linen and if possible wash them, return furniture in their original place. Return all the books and DVD:s you might have been borrowing in their original place.

In the kitchen wash the shelves you been using in the fridge and in your closet. If there is some food left please, throw away all the food that will contaminate fast. If you leave any dry food in the kitchen mark the opening date of the packaging and what it is (if unclear) and place it in to the closet with *Eat me* sign.

If you have some fees to pay to Mustarinda you can pay by cash or by bank transfer.

Please write you name in the guest book and if you like you can write tips for the future residents, your impressions, your contact info etc. You are also welcome to update the pictures to Mustarinda Facebook. After your stay we would be happy to get feedback and also ideas how to improve Mustarinda AIR.

GENERAL SAFETY

Mustarinda is located far from hospitals, fire stations, etc. so safety is something to think about. Save these emergency numbers to your mobile phone in case of emergency:

Emergency: 112

Staff:

Antti Majava +358400655883

Alma Heikkilä +358407444887

Notify someone if you go on a lengthy trip. Emergency exit routes are listed on the downstairs electrical cabinet door. The dining room has a fire hose. The entire building has fire alarms that also operate on batteries. Do not burn candles in the house; it is only permitted under staff supervision! Please make sure entryway doors and mudroom doors are properly closed, especially during hard frosts. Smoking is not permitted in the house or on the porches. It is preferred that alcohol is consumed within the guests' rooms only. Emergency instructions can be found in the bedrooms.

FEES

In the Mustarinda house there is a notebook in which every guest is asked to note down the services they have used during their stay. Mustarinda accepts fee payments via cash, bank transfer, or PayPal (in the case of PayPal there is an additional transfer cost of 3,9% + 0,35 €). Please always include a note of what the payment is about.

Mustarinda-seura ry
Paljakantie 61
89400 Hyrnsalmi
FINLAND
+358400655883
info@mustarinda.fi

Bank transfer:
Pohjola Bank, Finland
BIC: OKOYFIHH
IBAN: FI84 5760 1720 0252 27

PayPal: info@mustarinda.fi

In case of problems you can contact:

Antti Majava: +358400655883
info@mustarinda.fi

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